

# Kundalini Yoga

as taught by Yogi Bhajan

"If you want to learn something, read about it.  
If you want to understand something, write about it.  
If you want to master something, teach it."

The Aquarian Teacher Certification Program (TCP) is open to both yoga students ready to become teachers and those who wish to immerse themselves in the science of Kundalini Yoga as taught by Yogi Bhajan [www.yogibhajan.org](http://www.yogibhajan.org).

This Level 1 TCP by the Kundalini Research Institute (KRI) USA includes the theory and practice of Kundalini Yoga as taught by Yogi Bhajan. Some of the subjects included are as follows:

*Kundalini Yoga Postures, Pranayam, Mantra, Kriya, Meditation  
Role of a Kundalini Yoga Teacher, Yogic Philosophy and Roots of Kundalini Yoga  
Yogic and Western Anatomy, Humanology and Yogic Lifestyle*

## PROGRAM FEES

Early Bird Fee Option: **THB 58,500 / USD 1950\*** Valid now until 31 March 2013

Regular Fee (after 31 March): **THB 60,000 / USD 2,000\***

Partial Scholarships available for Thai Nationals only (conditions apply)

Visitors are welcome to attend any topic session - nominal fees apply

*\*USD conversions may vary based on current FX rates*

## VENUE

JW's Health Club & Spa, JW Marriott Bangkok, 4 Sukhumvit Road, Soi 2, Bangkok, 10110  
Contact: +66 (0) 2656 7700 Ext. 4470 Nathalie Paque, Manager

## International Teacher Certification Program Bangkok Thailand 2013

### 2013 SCHEDULE

The curriculum contains four modules and a final retreat with a minimum 220 hours taught over a period of 6 to 7 months.

**Module 1** May 24 to 26

**Module 2** June 28 to 30

**Module 3** August 2 to 5

**Module 4** Sept 20 to 22

**Final Exam Retreat: Dec 13 to 15**  
*(retreat is near Bangkok)*

### REGISTRATION & INFORMATION

*Please contact us*

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